# CLINICAL PSYCHOLOGY PROGRAM STUDENT HANDBOOK

Department of Psychology
University at Buffalo
The State University at New York

2021-2023

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#### CHAPTER 1

## Nature of the Program

Welcome to the Clinical Psychology Ph.D. Training Program. We hope that the years that you spend in the program will prepare you for the many exciting careers available to you. This manual is meant to provide some basic guidance for you as you plan your training. It should be supplemented by the Psychology Department's Graduate Student Manual. Even more important, however, is the thoughtful advice and recommendation of your faculty advisor. You will find that the faculty, and particularly your faculty academic advisor, are helpful and supportive.

The Clinical Psychology Program follows a clinical science model, as defined by the *Academy of* Psychological Clinical Science (see https://www.acadpsychclinicalscience.org/mission.html). Our overarching program aims include: (a) preparing students for careers in clinical science research, (b) advancing the science of psychology through original research, (c) striving to improve health and quality of life through excellence in research, education, and health service delivery, and (d) fostering the timely dissemination of clinical science to psychologists and other scientists, practitioners, and consumers. At the core, our program aims to foster the training of students for careers in psychological clinical science in which they generate and apply scientific knowledge. Our training philosophy embodies a strong commitment to evidence-based approaches to evaluating the validity and utility of testable hypotheses and to advancing knowledge by this method. APCS defines clinical science as "a psychological science directed at the promotion of adaptive functioning; at the assessment, understanding, amelioration, and prevention of human problems in behavior, affect, cognition or health; and at the application of knowledge in ways consistent with scientific evidence." We expect our students to contribute to the science of clinical psychology, and to learn to infuse their clinical work with empirical findings and theoretical concepts. Finally, through training, we expect students to gain an understanding of professional issues, including ethical, legal, and diversity principles. Our students have historically pursued career paths that align with our clinical science model and the vast majority of our students have a clinical science outcome (e.g., academic appointments, academic medical center positions) and are engaged in the creation of new knowledge in clinical science and/or the use of evidence-based practices as part of their service delivery and research activities. Regardless of the career outcome, our alums incorporate scientifically-informed and current evidence-based knowledge into their careers.

Like all quality programs in clinical psychology and clinical science in particular, this program is demanding. The faculty will expect you to learn to do professional quality work in both clinical research and practice. Although our standards are high, we try to maintain a supportive and encouraging attitude. Given our focus on training the next generation of clinical scientists, we strongly encourage you to get involved in your advisor's laboratory immediately and stay involved right up to the completion of your Ph.D. Most of the students selected for this program are highly successful in their graduate training. We know, however, that students are much more likely to get into academic difficulty because they isolate themselves from aspects of the program or from their faculty advisor.

The following material represents a description of the specific requirements and details of procedures for completing the Ph.D. degree in Clinical Psychology. Please note that our training program, like the discipline of psychology, is constantly reevaluated and modified to reflect changes in the discipline. The requirements spelled out in this manual may differ from earlier versions of the manual. You should rely on the edition that came out the year you started the program as a guide for what you are

required to do to complete your program.

You should obtain a copy of the Department of Psychology's Graduate Student Manual, which includes information on matters not discussed in this Clinical Psychology Manual, including procedures and deadlines for becoming a doctoral candidate, steps to follow in completing the dissertation, policies on assistantships, registration, transfer of credits, incompletes, grievance procedures, etc.

#### **CHAPTER 2**

### **Program Requirements**

In order to receive the Ph.D. in Clinical Psychology a student must complete six requirements: (1) course requirements; (2) ethical and professional training; (3) two preliminary projects; (4) practical competence in clinical skills; (5) an approved clinical internship; and (6) a doctoral dissertation and defense of the dissertation. Each of these is described in detail below.

PSY 604, Research Methods in Clinical Psychology	
PSY 607, Advanced Statistical Methods I	
PSY 608, Advanced Statistical Methods II	
PSY 609, Multivariate Statistics	
PSY 624, Clinical I: Psychopathology	
PSY 654, Clinical II: Psychological Assessment	
PSY 751, Clinical III: Clinical Treatments: Adult	
PSY 778, Clinical IV: Clinical Treatments: Child & Family	
PSY 611, History & Systems	
PSY 617, Advanced Developmental Psychology	
Clinical Elective*	
PSY 513, Biological Bases of Behavior (biological distribution course)	
PSY 639, Cognitive Processes (cognitive-affective distribution course)	
PSY 680, Advanced Social Psychology (social distribution course)	
PSY 605, Introduction to Professional Issues in Clinical Psychological Science	

\*Clinical electives are defined as graduate level courses taught by core clinical faculty that are not part of the required sequence (including but not limited to Structural Equation Modeling, Development and Psychopathology, Addiction, Clinical Psychophysiology, and Teaching Psychology). In addition to courses taught by core clinical faculty, Multi-Cultural Psychology in the Counseling, School, and Educational Psychology Department counts as a clinical elective. If in doubt about whether a particular course is considered an elective, consult with the DCT.

PSY 799: Supervision in Applied Skills (minimum of 2 semesters of 1 credit advanced practicum)

Practicum I (Intervention I: Psy 671, Intervention II: Psy 672)
Practicum II (Intervention III: Psy 763, Intervention IV: Psy 764)

NOTE: The University has a 72-credit rule that states that tuition will not be waived for more than 72 credits of graduate study.

#### SEQUENCE OF COURSES/ACTIVITIES

PSY 765 (Intervention V)

**COURSE REQUIREMENTS** 

The clinical psychology doctoral program is designed to be completed over six years total—five in residence completing course requirements, clinical practica, and research—and a final year completing an APA-accredited clinical internship. Below is a typical course and activity sequence.

	FALL SEMESTER	SPRING SEMESTER
YEAR I	Introduction to Professional Issues (605) <sup>1</sup> Advanced Statistics I (607)	Introduction to Professional Issues (605) Advanced Statistics II (608)
	Psychopathology (624)	Psychological Assessment (654)

Research Methods (604)

Research

Clinical Brown Bag<sup>2</sup>

Adult Treatments (751)

Research

Clinical Brown Bag<sup>2</sup>

Clinical Brown Bag<sup>2</sup>

YEAR II Multivariate Statistics (609) Child/Family Treatments (778)<sup>3</sup>
Intervention I (671): Practicum

Pio Cog or See Distribution Course

History & Systems (611)<sup>4</sup>

Bio, Cog, or Soc Distribution Course History & Systems (611)<sup>4</sup>

Research Research

Clinical Brown Bag<sup>1</sup> Clinical Brown Bag<sup>1</sup>

YEAR III Intervention III (763): Practicum Intervention IV (764): Practicum

Bio, Cog, or Soc Distribution Course Developmental Psychology (617)<sup>3</sup>

Bio, Cog, or Soc Distribution Course Clinical Elective<sup>5</sup>

Research Research

Clinical Brown Bag<sup>1</sup> Clinical Brown Bag<sup>1</sup>

2nd-Year Project Presentation Clinical Case Presentation

Intervention V (765)<sup>6</sup>

YEAR IV Advanced Practicum (799) Advanced Practicum (799)

Research Write/Defend Dissertation Proposal

PSC Caseload<sup>7</sup>
External Placement<sup>8</sup>
Clinical Brown Bag<sup>1</sup>
PSC Caseload<sup>7</sup>
External Placement<sup>8</sup>
Clinical Brown Bag<sup>1</sup>

YEAR V Dissertation Research Dissertation Research

Apply for Internship Interviews
Clinical Brown Bag<sup>1</sup> Clinical Brown Bag<sup>1</sup>

YEAR VI Clinical Internship Clinical Internship

#### Notes:

- <sup>1</sup> Full title of course is "Introduction to Professional Issues in Clinical Psychological Science." This seminar is a one-credit course designed to orient students to graduate school, clinical research, and professional development. It is required in both semesters of students' first year and optional for other students.
- Students are expected to attend and participate in Clinical Brown Bag presentations every semester in which they are in residence.<sup>3</sup> Child/Family Treatments (778) and Developmental Psychology (617) are rotated every other year in the spring semester.
- <sup>4</sup> History & Systems (611) is a 1 credit course and typically offered every other year, and thus students typically take it either in their second or third year.
- <sup>5</sup> Clinical electives—defined as graduate-level courses taught by core clinical faculty that are not part of the required sequence—typically are offered only in the spring semester and can be taken as a third or fourth course.
- <sup>6</sup> Any student seeing PSC cases over the summer between their 2nd and 3rd year is expected to enroll in Intervention V (PSY 765) during the fall semester of their 3rd year.
- <sup>7</sup> After completing the required practicum course sequence, students are expected to carry three cases at the PSC when in residence and complete a minimum of 52 hours of direct service hours per year, with the exception of the internship application year. Up to half of these hours can be completed in a <u>faculty-sponsored</u> intervention setting. These are typically research-based interventions that are part of a faculty member's ongoing research program. All such experiences require the prior approval of the clinical faculty. Contact the DCT for details. Students must accrue a minimum total of 150 direct service practicum hours in the PSC.
- <sup>8</sup> An external placement is optional and is usually done after the third year. See below for details.

#### **Clinical Hours**

Students should maintain ongoing records of their clinical hours. Starting in Fall 2023, the Program will be purchasing Time2Track for all students and as such we expect students to use it to document all clinical hours that will be certified for internship and future licensure applications. Students are expected to monitor their hours with an eye toward goals for internship, and to discuss these with their mentor as part of their semesterly evaluations. Although child practicum typically does not begin until the fall of the 4<sup>th</sup> year, students should not count on picking up internship hours late in the program (e.g., in the 5<sup>th</sup> year) in the event that they are "behind" on clinical hours, as supervision for this may not be available.

#### **EXTERNAL PRACTICA**

An external placement is <u>optional</u> and is usually done <u>after</u> the third year. Interested students should talk with their advisor about the appropriateness of the timing and fit of the placement with their training goals. Students wishing to complete an external placement at one of the sites listed below must submit the **external practica petition form** 

(https://buffalo.box.com/s/u66c6vz7vz64e7di23i15bgfdu662oa4) to the DCT at least one month prior to the proposed start date. Without prior approval for external practica from the DCT, accrued hours will not be certified by the DCT on internship applications. In general, application deadlines are in early March, but you should contact the specific site to confirm the deadline and the application process. Please be aware that external placements do not relieve students of the responsibility of carrying clients in the PSC.

#### Approved placements:

1. Roswell Park Comprehensive Cancer Center (RPCCC) currently accepts 2 practicum students for the academic year. Students are expected to have training in assessment, case conceptualization, and intervention strategies. Each student will have the opportunity to be directly supervised by each of the two licensed psychologists in the department. Students first shadow their supervisor until they are comfortable accepting their own assessment and psychotherapy cases. At this point, trainees will be expected to carry a caseload of 5-10 inpatient and outpatient (in-person and/or virtual) cases.

Students are expected to be on-site for at least 16 hours/week, preferably over 3 days for an estimated total of 500 hours. Because of the nature of this work, it is beneficial to be available to follow inpatients at the beginning and end of each week for continuity of care. Practicum activities consist of direct patient care along with 1 hour of weekly individual supervision by a licensed psychologist, and 1 hour per week of group supervision/journal club/didactics. If interested, please email a letter of interest, CV, and at least 1 letter of reference to Megan Pailler, Ph.D. (megan.pailler@roswellpark.org). Decisions are made in early to mid March and the practicum starts at the beginning of the fall semester.

2. Erie County Medical Center (ECMC) Rehabilitation Psychology Practicum: The placement is offered through the Department of Rehabilitation Medicine where externs work collaboratively with a team of medical professionals that includes physicians, nurses, social workers, and physical therapists. The placement provides experience working in the field of health psychology, including providing consultation services and group interventions. Specialized training allows for comprehensive services for chronic pain, adjustment to injury/illness, brain injury, spinal cord injury, amputations, PTSD, Transgender/Gender Confirming Surgical consults, and pre-surgical psychological evaluations. Students are expected to be on site 16-20 hours per week (typically 2

full days on site). There is one hour per week of individual supervision with Dr. Keenan-Uschold and a second hour of weekly group supervision. Email a letter of interest and vita to Dr. Lisa Keenan-Uschold at Ikeenan@ecmc.edu. Interviews are completed in March with notification of placements offers by April 1st. The placement begins in June with peer cross training to ease the transition.

- 3. Adolescent Inpatient Unit at Erie County Medical Center (ECMC) under the supervision of Dr. Sarah Taber Thomas: The adolescent inpatient unit population at ECMC includes adolescents (ages 13-18) who are usually admitted from the emergency room or the intensive care unit of ECMC. The average stay on the unit ranges from 1 to 3 weeks. Most of the patients have co-morbid disorders. The treatment milieu includes pharmacological treatment, group counseling, individual therapy, family meetings, and a day school. Between 5 and 15 patients are treated on the unit at any given time. Extern involvement will consist of leading or co-leading a manualized cognitive behavioral skills group. There is also the opportunity to attend staff meetings, rounds, and/or family meetings; this needs to be coordinated with the head psychiatrist on the unit. Weekly supervision of group process will be conducted by Dr. Taber-Thomas.
- 4. Oishei Children's Hospital, Children's Psychiatry Clinic: The Children's Psychiatry Clinic is a New York State Office of Mental Health licensed clinic that provides diagnostic and treatment services to Western New York youth and their families who are experiencing emotional and/or behavioral disturbances. As a practicum student, you will be assigned cases and will work with your supervisor in conducting assessment, diagnosis, treatment, and collaboration with psychiatry. You will attend biweekly Clinical Staff Meetings, biweekly Multidisciplinary Case Conferences, and monthly Academic Rounds, during which times you will have the opportunity to interact with the entirety of our clinical staff in various settings. Further, you will participate in a weekly training series, which consists of a didactic program and a peer supervision group. Additionally, you will have the opportunity to observe and potentially take on clinical responsibilities in specialty clinics, which focus on issues such as the autism spectrum, eating disorders, consultation-liaison, OCD, and weight management. Practicum students are also encouraged to co-lead groups, either using formats of past groups or developing a group of one's own. Finally, as the clinic continues to develop additional research initiatives, students are welcome to participate in any ways they might find meaningful. Any interested students must be available approximately 15 hours per week (this can be flexible on case-by-case basis), spanning from late August to late May. Students must be available to attend the above-referenced meetings and trainings, all of which take place on Thursday mornings. Otherwise, students are free to schedule their clinic patients and individual supervision at their own convenience. If you are interested in applying, please e-mail a letter of interest and your CV to Alex Cogswell, Ph.D., at alexcogs@buffalo.edu. These are typically due in early March and you can inquire to Dr. Cogswell for the exact date.

#### Provisionally approved and temporary placements:

5. Forensic Assessment Psychology Practicum: The assessment practicum is a valuable learning experience in the use of psychological assessment for both clinical and legal purposes. Students will be exposed to adolescent and adult forensic psychiatric patients presenting with a variety of mental health problems. Using standard psychological tests, students will take cases to assess for differential diagnosis, psychopathology, personality traits, and cognitive and social functioning. Students can expect to gain experience with diagnostic testing, neuropsychological assessment and forensic evaluations to determine mental and legal capacity. Students will have

opportunities to attend and participate in training seminars, staff meetings, weekly presentations and grand rounds. In addition, there are opportunities to get involved with research and develop projects. Students can expect to be on site at least 16 hours each week and to receive at least 45 minutes of supervision each week with more supervision in the beginning of your training. To apply contact Daniel Antonius, Ph.D. (danielan@buffalo.edu). For further detail see:

https://medicine.buffalo.edu/departments/psychiatry/education/psychological-assessment.html

6. Clinical Forensic Psychology Practicum: This practicum helps students build knowledge about the therapeutic and pharmacological treatment of individuals in the criminal justice system. Students will administer individual and group psychotherapy and conduct diagnostic testing with mildly to severely mentally ill incarcerated patients with a range of mental disorders, including psychotic and affective disorders, personality disorders, and dual diagnoses of substance use disorders. Students will have opportunities to attend and participate in training seminars, weekly presentations and grand rounds. In addition, there are opportunities to get involved with research and develop projects. Students can expect to be on site for at least 16 hours each week and to conduct psychotherapy sessions for five to eight patients on a weekly basis. Students will also follow a number of other incarcerated psychiatric patients who require less treatment maintenance and who are incarcerated for brief periods. To apply contact Daniel Antonius, Ph. D. (danielan@buffalo.edu). For further detail see:

https://medicine.buffalo.edu/departments/psychiatry/education/forensic-psychology.html

- 7. Strong Family Foundations Externship/Practicum. Empirically-based parenting intervention (both group and individualized components) starting with expecting couples from the end of pregnancy through the early postnatal period. Clinical training and supervision for leading group and providing individual treatments will be provided. Included will also be opportunities for learning, conducting, and coding observational assessments and collecting family data from home visits or videoconferencing with couples and young children. Group treatment emphasizes parenting skills and healthy early development. The time commitment is 5 to 10 hours per week with 1 hour of weekly group supervision weekly and 1 hour of biweekly individual supervision. Supervision is conducted by Dr. Stephanie Godleski, LCP and Dr. Rina Eiden. Contact Dr. Godleski for information about the application process: saggsh@rit.edu
- 8. VA Center for Integrated Healthcare (CIH) at Buffalo VA Hospital: Practicum students will have the opportunity to train in, and deliver, clinical interventions incorporated into existing research studies. Specific intervention approaches vary based on currently funded projects. Current investigations are evaluating brief cognitive-behavioral interventions for Veterans with a) concussion and co-occurring mental health conditions, b) chronic pain, and c) cardiovascular risk factors. Weekly supervision is provided. The projected time commitment is 8-12 hours per week. Additional hours may be negotiable.

To apply: Email a CV, cover letter, and letter of recommendation from your primary advisor or program director to Drs. King (paul.king2@va.gov), Beehler (gregory.beehler@va.gov), and Gass (julie.gass@va.gov).

#### New placements under consideration by the program:

These are externships that are new to our program in the sense that no prior students have worked in these sites. They have been approved on a trial basis.

9. Wheatfield Pediatrics: The intern position at Wheatfield Pediatrics offers students the opportunity to provide child, couple, and family counseling. All students are expected to devote a minimum of six hrs/week to practicum, some of which may be evening commitments. Responsibilities will include provision of psychotherapy, facilitating parent training, weekly supervision (1-2 hrs/week), and attendance at brown bag case conferences, as appropriate. Students will be expected to videotape their sessions and supervision will involve review of videotapes. As noted previously, students are also expected to provide Parent-Child Interaction Therapy (PCIT) on a regular and ongoing basis. Interested students must be in their fourth year of training or beyond, and have completed coursework in assessment, cognitive-behavioral interventions, and child development. In addition, previous experience delivering child/family interventions is strongly preferred. Incoming students will be required to have successfully completed training in PCIT prior to their start date (at the PSC). To apply, please submit letter of interest, CV, and one letter of recommendation (preferably from someone who can speak to clinical experiences) to Keith Klostermann, Ph.D. at keith.klostermann@gmail.com no later than September 1. Interviews will be held on a rolling basis, as applications are received. Students typically start this practicum in the fall semester; however, summer start dates are also available, and may provide students with a greater opportunity to establish ongoing therapy caseloads.

#### Ad hoc external placements:

Sometimes students become aware of additional clinical opportunities that potentially might serve as external placements. In such cases, the student should complete the petition form for ad hoc placements (https://buffalo.box.com/s/1v4sfuzf56qyquknleqfzliooepfq1pi). This petition form will require that you provide a detailed description of the nature of the experience, how it will be supervised, and how it will enrich your training. The petition should be submitted to the DCT/Associate DCT at least three months prior to the proposed start date. This is necessary to provide sufficient time for the DCT/Associate DCT and clinical area to review the application and ensure that a valid affiliation agreement is in place. Affiliation agreements ensure that students are covered under the University's student liability insurance and that the experience can be counted as an approved educational experience. Only placements with adequate supervision (e.g., use direct observation as part of supervision), that are consistent with the student's professional goals, that are at least 50% in person, and will not hamper timely progress through the program will be approved. If an external supervisor is not a doctoral level psychologist but maintains a license in an allied field (e.g., licensed clinical social worker, licensed marriage and family therapist, licensed mental health counselor), it may be possible to be approved if a doctoral level clinical psychologist among the core faculty is available for additional weekly supervision.

#### ETHICS, DIVERSITY, AND PROFESIONAL DEVELOPMENT

 Training Overview: Consistent with guidelines outlined by the American Psychological Association Ethical Principles of Psychologists and Code of Conduct (APA, 2002), we view a solid understanding of ethical and diversity issues affecting the practice of psychology to be an essential foundation of your training. Accordingly, we have developed a curriculum that will provide you with training in these issues as they may present in all aspects of your future role as a scientist and practitioner. We have adopted an infusion model. Thus, ethical and diversity issues relevant to various course content areas are represented throughout your training curriculum in class assignments, readings, practicum experiences, and topical discussions. In this training curriculum, diversity is defined inclusively, limited not only to ethnic diversity, but to the myriad ways in which individual characteristics or group membership may define individuals or societies. Such influences include but are not limited to culture, sex, ethnicity, age, religion, socioeconomic status, sexual orientation, and learning, developmental and physical disabilities. Students are expected to develop an understanding of the diversity and ethical issues underlying professional and scientific responsibility and integrity.

- **Learning Objectives:** Ethics and diversity knowledge obtained through your readings, course assignments, class lectures, area colloquium, and practicum experiences will inform your scientific, didactic, and clinical practice of psychology. This will include consideration of ethical and diversity issues in domains such as psychological assessment, case conceptualization, treatment efficacy, research design, recruitment and treatment of human research participants, and teaching and mentoring. Each student is expected to read and become thoroughly familiar with the APA Code of Professional Ethics. Readings on ethical standards in research and practice are assigned and discussed in several required courses (e.g., PSY 605 Clinical Research: Design, Methods, and Ethics, PSY 624 Psychopathology, PSY 654 Psychological Assessment, PSY 671 Intervention I, PSY 672 Intervention II, PSY 751 Clinical Treatments: Adult, PSY 778 Clinical Treatments: Child & Family). Readings on diversity are assigned in discussed in most required classes (e.g., PSY 605 Clinical Research: Design, Methods, and Ethics, PSY 654 Psychological Assessment, PSY 751 Clinical Treatments Adult, PSY 778 Clinical Treatments: Child & Family), and elective courses. We expect that you demonstrate understanding of ethics and diversity as they are relevant to each of these areas will prepare you for the competent practice of psychological science.
- Outcome Assessment: Your mastery of the material outlined in our learning objectives will be
  assessed in several ways across various courses and through specific assignments, which will
  be delineated in individual course syllabi. To ensure full integration of this material into your
  role as a clinical scientist, your Third Year Clinical Case Presentation also will include a
  component devoted specifically to ethical and diversity issues. As such, for your successful
  completion of the Third Year Clinical Case Presentation you will need to demonstrate facility
  and application of knowledge of ethics and diversity as it is applied to a client case.

#### PRELIMINARY REQUIREMENT

The preliminary requirement must be completed before filing for candidacy for the doctoral degree, and consists of four components: (1) a Second Year project, (2) a Third Year project, (3) a Third Year Clinical Case Presentation, and (4) Certification of pre-internship clinical competence. It is the responsibility of the student to inform the area in writing of the completion of the second and third year projects, and the clinical case presentation using the appropriate form shown in the appendix of this manual. In addition, for Second and Third Year Projects, a final copy of the approved paper must be filed in the clinical area office. A permanent file of second and third year project papers is kept in the clinical psychology area office and is available for the use of both students and faculty.

Each of these preliminary requirements produces direct benefits for the student. The professionally relevant educational benefits include, but are not limited to, the following:

Close individual contact with committee members, enabling the student to better understand

- and utilize the committee member's intellectual viewpoints, knowledge, and experience and enabling the faculty member to make sound evaluative judgments of the student.
- 2. Increase in experience, confidence, and professional identification as a consequence of completing work of considerable scope that faculty accept as meeting standards of performance applicable to the doctoral program.
- 3. Furtherance of progress in the doctoral program through the use of knowledge and skills in designing or completing additional requirements such as the proposal for the doctoral dissertation or the dissertation itself.
- 4. Furtherance of professional career through publication of the work or through presenting it in professional contexts such as professional meetings, colloquia, seminars, or lectures.
- 5. Use of the work in other professional contexts, such as job interview, program planning and implementation, or research grant applications.

#### **Research Mentorship**

The first step in the completion of the second and third year projects is to develop the skills necessary to accomplish these tasks. Each student should at all times during their graduate career work with a faculty member who has an active research program. Each semester students are evaluated in regard to their research activities with their mentor.

#### Second Year Preliminary Requirement (Second Year Project)

Each student is required to complete an empirical research project under the guidance of a chair and at least one additional clinical area committee member. If it would be helpful for the project, a clinical adjunct faculty may serve as a third committee member. Although known as the "Second Year Project," work on this requirement should begin during the first year of graduate school. The project must be completed by the end of the fourth semester of graduate school.

The following steps are involved in completing this requirement:

- 1. A formal written proposal for the research project should be prepared by the student under the direction of the chair and submitted to the remaining committee member(s) for review. A proposal meeting will be held to discuss the details of the proposal and approve the final design. The proposal must be completed by August 1 following the first year of graduate study.
- 2. At the end of the 4th semester (Spring of 2nd year), the student submits a written paper based on the study. This paper should follow APA style and take the form of a manuscript that could potentially be submitted for publication. The committee will read and evaluate the paper. At the discretion of the committee the paper may need to be revised and resubmitted before it is approved. Once approved, the paper should be filed with the clinical area administrative support person, together with the approval form signed by the committee (see appendix).
- 3. Students are expected to present their Second Year Projects at the Clinical Brown Bag in the fifth semester of the program. This presentation, however, does not constitute part of the evaluation of the project. Presentations should be no longer than 30 minutes in length and will

be followed by a question-and-answer period. Clinical faculty and students will complete a feedback form for each presentation. The feedback is designed to be formative to help students develop their presentation skills. (The feedback form is included in the appendix.)

#### Third Year Preliminary Requirement (Third Year Project)

Each student also is required to complete a written Third Year project under the guidance of a chair and at least one additional clinical area committee member. If it would be helpful for the project, a clinical adjunct faculty may serve as a third committee member. The specific nature of the project will be tailored to the needs of the student and hence various types of papers can satisfy the Third Year preliminary requirement. These include, but are not limited to, a critical review paper, a paper reporting a meta-analysis, a theoretical paper, a paper reporting empirical research, or an NRSA or F31 grant application. Whatever option is chosen, the paper should be no longer than 50 double-spaced typed pages (using Times New Roman 12 point font), including the reference section, tables, figures etc. The paper must follow APA publication style.

The following steps are involved in completing this requirement:

- The student chooses a topic and prepares a statement of goals (maximum of two pages), which is to be presented to prospective committee members. After some discussion with faculty, the student forms a committee.
- 2. A paper is prepared in consultation with the committee.
- 3. All students must have a meeting of their committee to discuss their final paper. At this meeting, students should be prepared to give a brief oral presentation of their project and to discuss the paper. The exact nature of the presentation and discussion is to be determined by the committee. The committee evaluates and, if appropriate, approves the paper. Once approved, the paper should be filed with the clinical area secretary, together with the approval form signed by the committee (see Appendix).

Given the critical importance of the Second and Third Year Projects in the training of the Ph.D. candidate, a waiver of these requirements based on previous work generally will not be granted.

The high expectation for quality in these projects will mean that most papers will go through several drafts. You should anticipate that it will require at least four months to bring a project from a complete initial draft to a fully approved project.

#### **Deadlines for Completion of Projects**

The Second Year and Third Year Projects are to be completed by the end of the fourth and sixth semesters, respectively. It is important for you to have a realistic sense of the time pressures imposed by this system of deadlines. Most students should use their first semester to explore possible topics for their preliminary requirements, and to approach faculty members about being on the committee.

If you cannot complete a project by the deadline, you must submit a formal petition to the clinical area for an extension. This petition should be submitted as soon as it becomes clear that the original deadline is not likely to be met. It must be submitted no later than the date of the original deadline. In the petition, you must demonstrate that the project was begun early, pursued in

earnest, and designed intelligently, and that unpredictable circumstances have impeded the proper collection of data or the proper analysis of data. You must also provide a timeline documenting the steps needed to finish the project and request a specific date for the extension. Extensions can be granted for up to (but not exceeding) 12 months from the original deadline date. The student must obtain their advisor's signature, indicating his/her approval, before submitting this petition to the Clinical Area Head.

Students who complete required projects within the stated deadlines are considered to be *in good standing* in the program. Students who do not complete a preliminary project by the deadline are considered to be *not in good standing* in the program unless they have an approved extension. (Extensions are only granted if submitted prior to the date of the original deadline.) Likewise, students who do not complete a preliminary project by the date of an approved extension also are considered to be not in good standing in the program. Good standing is regained once the student completes all tardy projects. If the student is not in good standing for 6 months, the student must submit a formal letter to the Area documenting progress that has been made and remaining steps needed to complete the preliminary project. If the student is not in good standing for 12 months, the Area Faculty will formally vote on terminating the student from the program. Funded students on an extension or not in good standing are not allowed to engage in external teaching activities. (This restriction does not apply to unfunded students). Students on an extension can petition the faculty for an exemption to this policy.

Faculty are expected to read and promptly return drafts of these major projects. The operational definition of "promptly" is <u>within three weeks</u>. Students should not be penalized for delays caused by faculty. Therefore, any time a faculty member holds a paper longer than three weeks, the time in excess of three weeks becomes an automatic grace period. If there are delays on successive drafts, these grace periods are summed. The three-week rule does not apply to the summer months when faculty typically are not paid and not required to read papers. It is the student's responsibility to document delays in faculty reviews.

In a similar vein, students also have an obligation to submit work in a timely manner. Specifically, materials to be evaluated must be submitted at least two weeks prior to the scheduled examination date. When work is not submitted in a timely manner the examination date will be rescheduled to a time that is at least two weeks later than the date the work was submitted.

#### Third Year Clinical Case Presentation Preliminary Requirement

Each student must prepare an oral presentation describing an empirically supported intervention that she/he has delivered to an individual, couple, family, group, or community. This presentation should be about 25 minutes and delivered during the Clinical Brown Bag series in the second semester of the student's third year in the program. The presentation should demonstrate that the student has a conceptual understanding of important aspects of clinical evaluation and intervention and that the formulation of the intervention strategies was based on a set of principles that can be understood and discussed. The presentation should discuss the nature and extent of outcome evaluation and should reveal the student's level of clinical, as well as conceptual, skill in delivering the intervention. Furthermore, the presentation should consider the role (or potential role) of demographic and cultural issues, as well as relevant ethical issues, in the evaluation and treatment plan formulation; these considerations should be evidence-based when possible. Ideally, this presentation should possess value as a teaching instrument for beginning students.

The overriding goal of the presentation is to demonstrate students' clinical skills in the context of a clinical science approach. This includes skills in assessment, conceptualization, intervention, and clinical decision making, as well as the application of the scientific literature to each of these activities. Students are expected to demonstrate both breadth and depth in their thinking about clinical activities. The Area's evaluation will focus on the student's ability to discuss the following aspects of an intervention of their choosing:

- 1. Conceptualization: Identify the client (individual, couple, family, organization, community, etc.) and describe the formulation used to understand the client and to design the intervention. Be sure to discuss the theoretical framework underlying the case conceptualization and why that framework was chosen over alternative theoretical frameworks.
- 2. <u>Assessment procedures:</u> The assessment should inform case conceptualizations and be used to track progress relevant to therapy goals. Describe how the initial assessment was conducted and how ongoing assessment over time was designed and conducted. Show test results and describe the clinical hypotheses that they suggested.
- 3. Process and outcome of intervention: Describe the course, progress, and outcome of the intervention and discuss factors relevant to this course (e.g., specific gains made and what led to them, problems in the working relationship with the client and how they were handled, noncompliance and how that was handled, etc.)
- 4. Ethical issues: Identify relevant ethical issues that bear upon working with this client (e.g., confidentiality, conflict of interest, dual relationship, etc.).
- 5. Socio-cultural/socio-political issues: Discuss larger social, environmental, or contextual factors that bear upon working with this client (e.g., socioeconomic status, ethnicity, sexual orientation, disabilities, gender issues, stigma, religion, managed care, etc.).
- 6. <u>Use and Discussion of Evidence-Based Practices</u>: Discuss and cite the empirical basis for your case conceptualization (e.g., how does the scientific literature bear upon your diagnosis and case conceptualization?) and the evaluation/intervention procedures you used with the client (e.g., the relevant outcome literature). In doing this, compare and contrast the scientific basis of your chosen procedures with other empirically supported methods discussed in the literature; provide a clear and compelling argument for your choice of methods.

In addition, students also will receive a "Fidelity" rating from any supervisor who has overseen the case. This rating pertains to how closely the clinical data presented reflect the supervisor's own perceptions of the case.

Note that all required elements need not be relevant to a given case presentation. When a required element is not particularly relevant, the student will be expected to talk more broadly about that element from an academic point of view (and/or to speculate on the ways it could have been relevant if the client presented differently).

Students should use whatever materials are appropriate (e.g., test results and profiles, recorded interviews with the client, etc.) to maximize the presentation's worth as both a teaching tool and a vehicle for evaluation of clinical skills. Note, however, that care should be taken throughout the presentation to guard the identity of the client as much as is possible. Given the sensitive nature of these presentations, attendance will be limited to only core clinical faculty, clinical supervisors, and doctoral students. In order to help with time management, the presenters will be given a signal at 20 minutes that they have 5 minutes to complete their presentation. At 25 minutes, the presentation will be terminated.

The core faculty of the Clinical Area will evaluate the presentation according to the competencies detailed above. These evaluations will be tabulated by the DCT, who will provide feedback to the student one week after the presentation. Subsequent to the provision of feedback, the evaluations will be filed in the student's folder in the clinical area office. If the presentation does not meet the standard for competence in any of the evaluation domains (defined as a average score of at least 3 out of 4 in any domain or the total score), remedial steps will be discussed by the clinical faculty at the student guidance meeting at the end of the semester. Once the presentation is approved, the student should file the approval form signed by the primary mentor and the DCT to the area administrator.

#### Pre-Internship certification of clinical competence

To be certified as clinically competent the student must successfully complete: (1) at least two year-long practica (four courses) beyond the Clinical Interventions courses. There should be non-overlapping supervision among the courses so that each student will have been supervised by at least two different clinical faculty supervisors; (2) the third-year clinical case presentation.

#### APPROVED CLINICAL INTERNSHIP

In addition to the preliminary certification of clinical competence, the student must satisfactorily complete an approved internship. To apply for internship in a given year, ALL required courses, research projects, practica, the clinical case presentation must be completed by October 15 of that year. In addition, students applying for internship are required to defend their dissertation proposals by September 15 of the application year. If the committee requests changes, students will have until October 15 to complete the changes and get approval from all committee members. If these deadlines are not met, students will not be certified for internship readiness by the DCT or Associate DCT.

The area requires an APA-accredited internship that is primarily Clinical Psychology in nature. If an internship is CPA-approved and meets all the standards and profession wide competencies (PWCs) of an APA-accredited internship, it will likely be approved by the Area, but a petition to the area is needed that includes the full brochure of the internship site, description of the rotations, training model, competencies evaluated, and supervision plan. In addition in such cases, students must submit a petition to the Area that also:

- 1. specifies the nature and frequency of supervision, as well as the credentials of the supervisors
- 2. specifies how the students would demonstrate competency at the appropriate level
- 3. ensures that there is a mechanism in place by which the student's performance is evaluated and that this information is communication to the DCT or ADCT to retain in the student's files
- 4. ensures that there is a mechanism in place to demonstrate that the approved training plan was followed

- 5. includes the APPIC Application For Psychology Internship (AAPI) form
- 6. Includes and evaluates all PWCs that are required as part of an APA accredited internship

These petitions would then be considered by the faculty on a case-by-case basis.

It is expected that a student will complete an approved internship satisfactorily. An evaluation of performance will be obtained from the internship agency. The internship must be completed to the satisfaction of the internship agency for the student to qualify for the Ph.D. degree.

#### DOCTORAL DISSERTATION

<u>Character of the Dissertation:</u> The Ph.D. Dissertation must be a major piece of research that is grounded in clear and meaningful psychological theory and is a thoughtful, integrated, original research effort. The dissertation should address a substantive research problem in psychology. The dissertation research will be guided and evaluated by a Faculty committee selected by the student, with consultation with the major professor.

<u>Dissertation Committee:</u> The student shall select a major professor who will bear most of the responsibility for guidance. In addition, three other faculty members will serve on the Dissertation Committee. As described in the Psychology Department Graduate Student Manual, two of the four committee members must be from one of the areas within the Department. One faculty member must be from a different area within the department. The fourth committee member can be from any department at the University. More details concerning procedures for submitting the dissertation are contained in the Psychology Department's Graduate Student Manual. In addition, students should consult the Office of the Graduate School for the most current administrative details concerning the deadlines for submission of programs, etc.

Scheduling a Final Defense: Per Department and University Policies, students must complete the "Permission to Defend" form (PT-D) and have it signed by all committee members at least two weeks prior to scheduling a final defense date. The purpose of this form is for committee members to make a determination that the written document is above threshold for holding the final defense meeting. In practice, this means that students must distribute their dissertation final drafts to their committee members at least four weeks prior to an anticipated defense date (two weeks prior to PT-D form deadline). Note that if any committee member deems the written document to be below threshold, additional time will be needed before a final defense date can be scheduled. Please keep these firm deadlines—as well as the degree conferral deadlines set by the Graduate School in a given year—in mind when planning your dissertation timeline. Finally, per Department rules, note that students are not permitted to participate in graduation ceremonies unless the dissertation has been successfully defended.

<u>Time to Completion of the Degree: The program is designed to be completed in six years</u>—five in residence completing course requirements, clinical practica, and research—and a final year completing an APA-accredited clinical internship. Going longer than five years in residence requires a formal proposal to and approval of the Area faculty. An extra year is permissible only when circumstances justify it (e.g., a funded NRSA fellowship, other unavoidable circumstances). In an effort to reduce time to degree and to support students who are "not in good standing" and have missed program milestone deadlines (i.e., late 2<sup>nd</sup> year or 3<sup>rd</sup> year projects without approved

extensions, clinical case presentation and dissertation proposal revisions not completed by 10/15 of 5<sup>th</sup> year) and/or are anticipated to be in residence beyond the 5<sup>th</sup> year for reasons other than a NRSA or comparable training fellowship (e.g., NSF GRFP), a guidance committee will be formed by the area that includes two core clinical faculty in addition to the mentor. Faculty mentors should consult with students regarding preferences for membership. The mentor will schedule the meeting. The committee will provide reports to the area at all guidance meetings. The committee will meet with the student promptly (i.e., 10 academic days) after an issue has been identified and at least once each semester to discuss strategies for completing program milestones and will provide guidance as needed to support timely completion of the degree. For students prior to the 5th year, the work of the committee will end when a return to good standing is achieved. For students in the 5<sup>th</sup> year or beyond the committee will be in place until the student leaves for internship. This policy will apply to all students starting in Fall 2023. In addition, note well that the Graduate School requires that work toward a Ph.D. degree must be completed within seven years (official leaves of absence excluded) from first registration date. The student may petition for an extension of this deadline, but the Graduate School is not easily swayed in granting such extensions.

#### SUMMARY OF MINIMUM LEVELS OF ACHIEVEMENT

To graduate from the Clinical Psychology PhD program at the University at Buffalo, the following summarizes the minimum levels of achievement. Details and operational definitions are found throughout this handbook.

- 1. Students must pass all required courses with a grade of B- or better.
- 2. Students must successfully propose, complete, and defend an empirical Second-year Project, and must present the results of the project during the clinical brown bag series.
- 3. Students must successfully complete and defend a Third-year Project.
- 4. Students must successfully complete the Third-year Clinical Case Presentation in the clinical brown bag series. As described above, scores of 3 or better are required for all evaluation criteria and the aggregate score.
- 5. Students must participate in manuscript preparation activities during their tenure in the program, which includes at minimum the write-ups for their Second-year project, Third-year project, and doctoral dissertation. In addition, students are encouraged to submit these manuscripts for publication and to collaborate with faculty on additional manuscripts beyond those required by the program. Students must demonstrate ratings of a "2" or higher ("developmentally expected level of performance") on all domains of the research evaluation form at the end of the 3<sup>rd</sup> year in the program.
- 6. Students must disseminate their research publically, at minimum to the Clinical faculty and students in the clinical brown bag series, but preferably at professional conferences and meetings.

- 7. Students are expected to participate in professional activities at the Department, University, community, and/or profession levels. This can be demonstrated in a wide variety of ways, including involvement in professional organizations; membership on Department, University, or professional organization committees; participation in manuscript review activities; presentations; publications; grant writing; and/or teaching.
- 8. Students must successfully complete all University-mandated research ethics courses (e.g., CITI course) and demonstrate sensitivity to ethical principles in clinical and research work.
- 9. Students must demonstrate sensitivity to diversity in clinical and research work.
- 10. Prior to being certified as ready to apply for internship, students must attain ratings of 2 or greater ("developmentally expected level of performance") on all domains listed on the Clinical Practicum Evaluation Form, completed following each internal and external practicum experience.
- 11. Students must successfully complete an APA-accredited predoctoral internship or a CPA-accredited internship approved by the Clinical Area faculty.
- 12. Students must successfully complete the dissertation.

#### **CHAPTER 3**

#### **Procedural Matters**

#### **Grievances and Record Retention**

Student records for current and former graduates dating back several decades to the 1960s are confidential and securely maintained in the program staff assistant's office within the secure Department of Psychology main office suite or for older records in the secure Department file store room located on the 2<sup>nd</sup> floor of Park Hall. If a formal complaint or grievance is submitted by a current or former graduate student, those materials would be filed in the staff assistant's office and would be confidential. A dedicated file is available for such documents and is located in a locked file cabinet in the Staff Assistant's office, which is kept locked at all times. Keys to the file cabinet are available only to the Staff Assistant and Department Chair.

The are several mechanisms in place for resolving issues and grievances should they arise. These resources are described on the Graduate School website under "Academic Grievances" in the policy library. Students are encouraged to contact their advisor, any faculty member (including the DCT/Associate DCT/Director of the PSC), Chief Diversity Officer in the Department of Psychology, Director of Graduate Studies, and Department Chair (or Associate Chair). In general, a student facing a challenge should seek assistance where they are most comfortable. If a formal grievance is submitted, policies are in place to protect the student and there are procedures in place for Departmental level review and if needed may be brought before the Department of Psychology Grievance Committee, which is a standing committee in the Department with faculty and graduate student representation. The committee submits their decision to the Chair who then conveys it to the parties involved. If either principal wishes to appeal the department ruling, a written statement of the appeal is filed within 10 academic days of receipt of the department's Statement of Decision. The appeal shall be filed with the College of Arts and Sciences and at the discretion of the Dean may be submitted to the College of Arts and Sciences Grievance Committee. Beyond the college committee, appeals are possible at the Graduate School Level. Students are protected from retribution as per university policy. For further details consult the Graduate Student Manual and policy library links, which are linked from the Department of Psychology website under "Info for Current Graduate Students".

#### **Student Guidance and Consequences of Negative Evaluations**

At each stage of progress through the program, the student's advisor reports to the Area Faculty on the progress and performance of the student. Students failing to meet any program requirements satisfactorily may, at the option of the faculty, be given a second chance to meet that requirement. An individual who fails to meet preliminary requirements satisfactorily may be dropped from the program.

#### **Clinical Competence Certification**

In determining whether the student has met the minimum standards for clinical competence, the DCT consults with faculty and reviews written clinical evaluations and course grades. Based on this material, the DCT determines whether the student has had the minimum number of supervised client contact hours, has successfully completed the required practicum sequence, has demonstrated (via course performance and supervisor evaluations) an adequate level of clinical skill and requisite level

of professional conduct, and has successfully completed the Third Year Clinical Case Presentation. For a student who fails to meet pre-internship clinical competence level, the following procedure is recommended: the student will conduct an additional year of clinical casework. This will include at least 52 hours of direct contact in the Psychological Services Center, as well as any additional placement. Upon completion of the casework, supervisors will submit their evaluations and a conference will be held in which the overall progress of the student from the initial point to the end point will be evaluated and another determination of clinical competence will be made.

If a student should fail to be certified on the second evaluation, the student will be released from the Clinical Psychology Program.

If a student fails to complete the internship satisfactorily, a determination will be made at that point about whether the internship was failed so severely that continued internship training would appear to be fruitless, or whether an additional internship year might be sufficient to bring the student up to professional skills level. Determination will be made on the basis of the full report from the supervising internship agency and on the basis of previous evaluations. If a student should be considered to have completely failed the internship requirements, he or she will be asked to pursue a non-clinical Ph.D.

#### Apprenticeships, Fellowships, and Assistantships

The major part of a student's training in our program is the mentorship relationship with a faculty member. Therefore, an essential component of the training program is a required apprenticeship for all students. Incoming students during their first year must establish an apprenticeship relationship with a faculty member.

It is also expected that faculty mentors will make the apprenticeship meaningful. The faculty member should involve the student in all phases of the ongoing projects, including conceptualization, design, execution, analysis, and evaluation. It is hoped that the student will thereby experience as broadly as possible the various components of the actual day-to-day experiences of the working faculty member.

After the first year, the student must continue in an apprenticeship relationship with a faculty member of his or her own choosing. Usually, the chair of each preliminary thesis or original research project will be working with the graduate student in an apprentice relationship. The chair of the doctoral dissertation committee frequently has a similar relationship with a student.

It should be clearly understood that the apprenticeship relationship required of students is independent of the financial support that they may receive from the Department. All students are expected to serve as apprentices, irrespective of their financial support or lack thereof. Similarly, as indicated in the Department's Graduate Student Manual, service as a teaching assistant or in teaching a course is considered part of a doctoral student's professional training. All students, whether funded or not, are expected to perform some teaching service during their graduate careers.

Standards about how much time a student should be spending on an apprenticeship are variable, but it is reasonable for a student to spend approximately 20 hours per week (about 1000 hours per year) in apprenticeship training with a faculty member. Students should be aware that when they pursue their careers after the completion of the Ph.D., the quality of performance in apprenticeship activities is likely to carry far more influence than grades and other so-called objective criteria. It is generally accepted that the relationship that students establish with faculty members may be a far more significant component of their overall graduate education than some of the other more formally

prescribed components.

#### Advisement

Each student must have an academic advisor who is a core member of the clinical faculty. The academic advisor can be the student's research advisor or it can be another faculty member. That is up to the student to choose. Some students may be more comfortable keeping their academic and research advisors as the same person while others may welcome the opportunity to have formal access to two faculty members. Either option is fine. Whatever option is chosen, it is important that each student be represented by a faculty member at each Student Guidance Meeting.

How do you go about getting an academic advisor? Simply ask - all faculty members are open to being approached by students who are not their research advisees. Establishing an advisor-advisee relationship occurs by mutual agreement of student and faculty member.

It is the responsibility of the faculty academic advisor to provide general counsel regarding:

- 1. departmental and area requirements
- 2. development of a program of studies
- 3. the full faculty's view of the student's progress through the program.

It is assumed that the existence of an academic advisor will ensure that at least one faculty member is concerned for the general welfare of each student. Students are encouraged to consult their academic advisor on any matter related to their graduate and professional careers. This is especially important in the first few months in the program, when you will be faced with difficult decisions (regarding courses, faculty committees, etc.) at a time when you may have little understanding of Area regulations, informal administrative practices, and the general "culture" of the Area.

#### **Psychological Services Center**

A considerable amount of your practicum training will occur in the Psychological Services Center (PSC). For example, Intervention I, II, III, and IV, which are required courses, take place in the PSC. You will begin seeing cases in the PSC in the Fall semester of your 2<sup>nd</sup> year in the program. To facilitate a smooth transition into your work in the clinic, the area has developed a procedure for "shadowing" a more senior student during the summer between your 1st and 2nd years. This is described below.

#### Clinical Shadowing Experience

During the summer before students' 2<sup>nd</sup> year in the program, they will have the opportunity to gain direct exposure to clinical work by "shadowing" a senior student in the PSC. For those students electing to shadow, the experience will include observing two therapy sessions from the observation room, and attending one supervision session with the senior student's supervisor. Prior to each therapy session the senior student will orient the junior student to the process of preparing for a session. In addition, they will debrief following each session, and review any questions the junior student might have. Ideally, the observation of supervision should occur between therapy sessions in order to demonstrate how supervisor feedback is provided and subsequently incorporated into a treatment plan. All advanced students will be contacted by the PSC Director at the beginning of the summer in order to identify volunteers to provide this shadowing opportunity; junior students will then be assigned accordingly.

Note that this shadowing experience is optional. It is intended to help students feel more comfortable when they begin their work in the clinic. It is not a program requirement. If you are interested in participating in this experience, you should contact the Clinic Director at the end of the Spring semester of your 1<sup>st</sup> year to be connected with a senior graduate student whom you can shadow.

In an effort to frontload clinical training, maximize clinical practice, and decrease the time to a full caseload (i.e., three clients), first year students are expected to participate in a seminar over the summer, led by advanced students (and supervised by a core faculty member). Rising second-year students and advanced student instructors will meet weekly for 1 hour for 9-10 weeks during the summer at an agreed upon time to discuss how to administer and score the SCID.

In addition, any students seeing PSC cases over the summer between their 2nd and 3rd year are required to enroll in Intervention V (PSY 765) during the fall semester of their 3rd year. (A copy of the PSC Policy and Procedures manual is available on the Department of Psychology – Clinical Area website.) Please note that client records and reports must be completed in a timely manner. At the end of each term, the PSC Director and staff will complete a records audit; practicum grades and clinical competency certifications will not be provided until all client records are up to date.

Once you have completed your required practicum courses, you are expected to at the PSC when in residence and complete a minimum of 52 hours of direct service hours per year, with the exception of the internship application year. Up to 26 hours may be completed in a faculty-sponsored intervention setting. These are typically research-based interventions that are part of a faculty member's ongoing research program. All such experiences require the <u>prior approval</u> of the clinical faculty. If you are planning on completing hours outside of the PSC in a faculty-sponsored research setting, you should write a letter to the DCT/Associate DCT detailing your plans, including the setting, the faculty member supervising your clinical activities, the total number of client contact hours and direct supervision hours you expect to have, and the dates that you will be involved in that setting. This letter should be submitted to the DCT/Associate DCT no later than two weeks prior to your beginning seeing any clients in this setting. The DCT/Associate DCT, in consultation with the faculty, will review your request and, if the activity is approved, a signed copy of the letter will be placed in your student file. Approval for these activities will be in effect for no more than one year after the submission of the letter.

Also note that the PSC maintains an incentive system for rewarding advanced students (i.e., those beyond the required practicum courses) for seeing more than 52 hours of direct service in any given year. Once a student reaches the 52-hour threshold in a given year, \$5 of each additional session fee collected (or the actual fee collected if it less than \$5) is contributed to a pool of funds that can be used by students for professional expenses (e.g., conference travel, internship application expenses, books and software, etc.). Students' shares of this fund will be proportional to the number of client hours that they contributed to the pool. Note that incentive policies may change from year to year, depending on PSC revenues and expenses. More details on work and PSC policies may be found in the PSC Manual.

#### **Semi-Annual Student Guidance Meeting**

Twice each academic year the faculty will meet to review the progress of each student.

Progress report: Before each Guidance Meeting, you will be asked to complete a short progress

report (see appendix for progress report form). You and your academic advisor should review your progress report (and discuss any other relevant matters) before the Guidance Meeting. This is not meant to be a bureaucratic chore but rather something functional, to ensure that faculty members have access to relevant information in considering your progress and that you have someone who can speak for you in the meeting.

<u>Feedback letter</u>: Your academic advisor will write you a feedback letter following each Guidance meeting that is co-signed by the DCT and the Director of Graduate Studies. You also will be asked to sign the letter, attesting that you have read the letter and discussed its contents with your advisor. The letter will become part of the records kept by the Department. Students and academic advisors may make additional arrangements for feedback (e.g., a face-to-face meeting) if they so wish.

<u>Meeting that includes DCT</u>: Where a student is encountering serious problems (or where special circumstances warrant), s/he will be asked to meet with her/his academic advisor following the Guidance Meeting. The DCT will also attend this meeting (as an aide memoire).

<u>Third-year Review</u>: A formal review of all students is completed at the end of their third year in the program. Those who have not completed required courses, research projects, clinical competency requirements, and other required assignments will be particularly scrutinized. Outcomes after this review include (a) continuation in the program, (b) continuation with a formal remediation plan and timeline, or (c) expulsion from the program.

#### **CHAPTER 4**

#### **Expectations**

#### **Mentors**

The most important person in your graduate career is your academic and research advisor or advisors. It is critically important that you maintain close contact with your advisor(s) throughout your graduate career. Graduate education is based on mentorship. If for any reason you are not comfortable with your advisor or if you would like to change your research focus and work with another advisor, you should take steps to connect with a new advisor of your choice. Nothing gets students in academic jeopardy more quickly than becoming isolated from the faculty and a faculty advisor.

#### The Faculty

The relationship between you and the clinical faculty is critical. You are encouraged to not only work closely with your mentor, but also to utilize the other faculty resources of the area. You will likely have courses from most of the faculty in the area. Courses at a graduate level are much more active than at an undergraduate level. Talking with faculty, discussing ideas, raising questions, are all a part of a graduate training. Bouncing ideas off two or three different faculty members often gives you additional perspectives on a problem and sharpens your own thinking. The members of the faculty are committed to graduate education or they would not be here. You will find most faculty members are easily approachable and willing to talk with you.

#### **Professional Responsibility**

From the day you start graduate school it is important to realize that you are now a professional. As a professional, much more is expected of you. Your mentorship relationship with your academic advisor involves a commitment to be an active part of his or her research laboratory. Your graduate classes and seminars are very important. The expectation is that you will attend all of your classes unless illness or an unavoidable professional conflict interferes with attendance. Deadlines are a constant fact of life for professionals, and they must be dealt with effectively. Waiting until the deadline is nearly here before beginning a project never works at a graduate level, where much more is expected than probably has ever been expected of you before. Your work with clients carries a number of responsibilities that are unlike any that you likely faced before. In an emergency, the welfare of your client comes first and foremost. That may mean speaking with your client at 2:00 a.m. if they are suicidal, and of course, contacting your supervisors (yes, calling them at 2:00 a.m. as well) to keep them informed of your actions. Appointments with clients should be considered sacred. You should arrive on time and prepared for every session. The professional responsibilities that you have to your client can be complex and at times may even conflict with one another. Using your supervisors as resources when dealing with difficult cases is valuable. You will have other responsibilities as well. As part of your graduate training, we require all students to have experience teaching. You will also be called on to help with the general functioning of the department (e.g., all students are expected to proctor exams on occasions). Although there is very little learning involved in proctoring, your willingness to shoulder your fair share of the responsibility will definitely be noticed by the faculty.

#### **Research Ethics**

As a critical part of your professional development, we expect you to increase your knowledge of, and sensitivity to, issues surrounding the responsible conduct of research with human subjects and gain an understanding and knowledge of the federal regulations and guidelines that apply to research with human participants. Consequently, you must complete the web-based training in human subjects' protection and research ethics offered by the Collaborative Institutional Training Initiative (CITI; https://www.citiprogram.org). At a minimum, you must receive a score of 80% or higher on each of 11 training modules of the Social & Behavioral Research Investigators course to successfully complete the CITI training. You will also have to successfully complete additional training modules available on the CITI web site that are specific to human research regulations and practices at the University at Buffalo. Depending on the research in which you are involved, you may have to complete additional modules on the CITI web site. You should consult with your advisor regarding additional training available through CITI.

#### **Brown Bag Attendance**

Clinical Area Brown Bags give you the chance to hear about the science your colleagues are doing and are an easy way to catch up on a diverse menu of what is going on in clinical psychology. They also let you ask questions and hear people discuss what we think are important conceptual and methodological issues. Further, Brown Bags provide clear models of what works in good presentations – because being an effective clinical psychologist means mastering presentations, it is helpful to have a friendly forum for improving your skills in this arena. Finally, science is a communal, public enterprise, and Brown Bags are the only regular community activity that we have in our area. With all that in mind, the Clinical faculty thinks it is very important for your training and the health of our program that we have strong attendance at Brown Bags. Consequently, attendance at Clinical Area Brown Bags is considered mandatory for all students and core clinical faculty.

#### Involvement

The faculty work to involve students in most aspects of our training program. Students are given a voice in governance and shaping policies of the program. Each year we solicit two student volunteers to represent students at our clinical program faculty meetings. These representatives voice student concerns, report back to our student body, and as needed, seek feedback from the student body on issues facing the program and new policies. Another place where students have a voice in governance and program policy is at semesterly town hall meetings with Director of Clinical Training (DCT) and Associate DCT in the fall and all core faculty in the spring. These town hall meetings are largely unstructured and provide a venue for students to raise concerns and provide feedback on policy and program changes. The DCT then brings the issues to the clinical faculty. Student representatives also sit on our clinical program Diversity, Equity, and Inclusion committee to help shape policy and initiatives relevant to diversity, inclusion, and social justice. Each year we appoint 1-2 students as Assistant Directors of our Psychological Services Center (PSC) and the Assistant Director(s) sit on the PSC advisory board to provide student feedback and perspectives on clinic policy. Students are also actively involved in our admissions committee and help plan yearly recruitment events. In short, please reach out to faculty and become involved in the administration and functioning of your program!

#### **Professional Image**

As mentioned above, from the day you start graduate school you are considered a professional. As

such, you need to behave as a professional. That does not mean that you will become a "stuffed shirt," who never smiles, much less laughs. What it does mean is that you will be aware that your behavior is under scrutiny in a hundred different situations in which it has never been under scrutiny before. The way you talk and present yourself in classrooms when you are the teaching assistant, the way you behave when at the University around other faculty or students, and the way you conduct yourself in a variety of public situations outside of the University will all affect the way you are viewed as a clinical psychologist and a professional. The norms of expected behavior will be different depending upon the nature of the work that you might be doing (e.g., your dress is typically more formal when seeing clients than it might be for attending a class). But other aspects of your demeanor should be reasonably fixed across all kinds of situations. It is no accident that the ethical principles specifically address this issue in broad terms and that most licensing laws have provisions for evaluating the conduct of professionals on dimensions other than their professional competence. For example, a criminal conviction in most cases will result in the almost certain revocation of your license to practice as a professional. Short of that, however, the way you conduct yourself in the community influences how you are viewed professionally and how the discipline of psychology is viewed more broadly.

#### A few things to consider:

- 1 Internship programs report conducting web searches on applicants' names before inviting applicants for interviews and before deciding to rank applicants in the match.
- 2 Clients are conducting web-based searches on trainees' names and finding information about therapists (and declining to come to clinics based on what they find).
- 3 Potential employers are conducting on-line searches of potential employees prior to interviews and job offers.
- 4 Legal authorities are looking at websites/social media for evidence of illegal activities. Some prima facie evidence may be gained from websites such as photographs, but text may also alert authorities to investigate further.
- 5 Postings to a variety of listservs/social media activity might reflect poorly on oneself and the program.
- 6 Although signature lines are ways of indicating your uniqueness and philosophy, one is not in control of where the emails will ever end up and might affect how others view you as a professional. Quotations on personal philosophy quotations, religious beliefs, and political attitudes might have adverse reactions from other people.
- Voicemail messages might also be entertaining to your peers, express your individuality, and be amusing indications of your sense of humor. Greetings on voicemail services should be thoughtfully constructed. If you ever use your cell phone or home telephone for professional purposes (research, teaching, or clinical activities), be sure your greeting is appropriate and professional in demeanor and content.
- 8 There are now a number of negative episodes in training programs and at universities where graduate students have been negatively affected by material on websites, social media, blogs, podcasts, emails, and voicemail messages. (Indeed, there are examples of emails from faculty

and students getting published in the popular press/social media that caused people harm.)

Information that seems to be fun, informative, and candid might put the program and the student in a bad light or even in potential legal jeopardy. What might be seen as "private" self-disclosure indicating your perceptions of yourself among friends is actually very public. This includes blogs, personal web pages, and social media (e.g., Facebook, Instagram, Twitter).

Trainees are reminded that, if you identify yourself as graduate student in the program, then we have some interest in how you portray yourself (see other policies in the program). If you report doing something unethical or illegal, then the website may be used by the program to determine probation or even retention. As a preventive measure, the Program advises that students (and faculty) approach online blogs and websites, including personal information, carefully. Is there anything posted that one would not want the program faculty, employers, family, or clients to read or view? Students are advised to engage in "safe" web practices and be concerned now about professional demeanor and presentation.

#### **Professional Contacts**

One of the most valuable things that you can do as a professional is to develop the contacts that will be resources to your professional career in the future. Some of these contacts, for example, may be made at the Clinical Brown Bags, where the speakers from the community come in to talk about their work. Another excellent way of meeting people in the discipline is to attend conventions and/or outside training activities. There are regular conventions held by most psychological organizations, many of which are within driving distance of Buffalo. When you attend such programs or conventions, it is valuable to introduce yourself to people and talk with them about their work and yours. This is often a difficult thing to do, but a valuable aide to your career.

#### **Policy Concerning Teaching and Outside Employment**

Students must obtain permission from the clinical faculty in order to engage in teaching or outside employment that is not programmatically required or that is not required as part of the student's training fellowship (e.g., NRSA). This policy applies both to courses/jobs at the University at Buffalo and elsewhere. At each Student Guidance Meeting (held biannually at the end of every semester) the clinical faculty will judge whether or not additional work/teaching responsibilities would be appropriate given the student's academic progress. Every student will receive a statement in their Guidance Letter indicating whether or not they are eligible to apply for work/teaching positions. Eligibility/ineligibility would be in force for the period up to the next student guidance meeting at which time the issue would be re-evaluated. Students who are not granted permission at the Guidance Meeting may petition for permission once they have addressed the specific training deficit noted in the letter. This petition would need to be approved by both the student's academic advisor and the DCT. Students who accept positions without faculty approval will face serious consequences. In addition to going on probation, the faculty will consider removal of the student's funding line and/or prohibition of any future teaching in the Department. This policy does not apply to positions that are held only during the summer months between semesters unless the student is on a research line that provides funding during the summer months. Likewise, it would not apply to students who are not currently on funded lines (state lines or research assistant lines).

As noted in guidance letters each semester, before accepting a particular position, students are expected to consult with their advisor about how the position would influence their progress in the program and professional development. Finally, at the time of accepting a teaching position or any outside employment, students are required to notify both their advisor and the DCT in writing (email is acceptable).

#### **Vacations**

The clinical training program is a twelve-month a year commitment. Summers are usually a busy time in which students plan, complete, and write up research projects. Your responsibilities to your clients also continue even though the semester may end. The academic calendar may affect your courses, but the rest of your training goes on regardless of the calendar. Of course, it is important to take time away from time to time. A good rule of thumb is that you take 2-3 weeks of total vacation over the course of a year.

#### Being a Part of the Program

Last, but certainly not least, the saying "out of sight, out of mind" is very relevant to a professional and really should be remembered during your graduate career. We recognize that your office may not always be the best place to get work done. Spending time working at home or working in the library may be more efficient. However, it is advisable that you spend a good deal of time in the department close to your faculty mentors and graduate student colleagues. The close contact with faculty and graduate students is an important part of the socialization process that transforms the student into a professional. Learning difficult concepts is often more effective when graduate students challenge one another by discussing the concepts, even challenging their relevance, and integrating the concepts into the many aspects of your professional life. Graduate school is also a stressful environment. We believe we have gone as far as one can in reducing the stress of graduate school while still maintaining high professional standards for our students. The support of faculty and graduate students represents a significant buffer against the stress. In a department that is constantly cramped for space, the faculty has committed itself to setting aside space for graduate student offices. We have done so because we believe that your professional development depends on physical contact with the program.

#### **APPFNDIX**

#### **Forms**

On the following pages are samples of two forms that need to be filled out to document the completion of one of the required tasks for the Ph.D. degree. Other forms are available on the Department of Psychology website under "Info for Current Graduate Students". Please note that these forms are used within the clinical area. Other forms generated by the University are used to document completion of work that leads to degree conferral. University forms and requirements are constantly changing. The Director of Graduate Studies or the Secretary to the Chair can help you with university forms and requirements.

#### **Informal Course Descriptions**

When you file for a degree (either Masters or Ph.D.), you must be able to document the nature of courses that are not described in the University Catalog. These include courses such as Graduate Work (600), Applied Skills Supervision (799), and Thesis Guidance (799). Also included are most practica courses and seminars. The course description must include what the purpose of the course was, what you did, and a list of readings. It is to your advantage to maintain a systematic record of these items as you are going through the program. This will greatly simplify your task of applying for a degree and eventually applying for a license in a state other than New York.

#### STATE UNIVERSITY OF NEW YORK Buffalo, New York

#### Clinical Area Preliminary Requirement

The Second Year Project/Third Year Project/Third Year Clinical Case Presentation (delete as appropriate) Preliminary Requirement

for	was approved or	n
Title of Project (for 2 <sup>nd</sup> and 3 <sup>rd</sup> year pro	ojects)	
For Second and Third Year projects	s:	
Signature and Date		
		Chairperson
		Committee Member
For Third Year Clinical Case Preser	ntation	
Signature and Date		
		Advisor
		DCT
Please return this form to the clinical	area office.	

## Clinical Psychology Program

Department of Psychology Park Hall, North Campus The State University of New York, University at Buffalo Buffalo, New York 14260 (716) 645-3650 x209

#### **RELEASE OF INFORMATION AUTHORIZATION** FOR COMMUNITY PLACEMENTS AND CLINICAL INTERNSHIPS

Student Name			
Student Date of Birth			-
			_
Professional/Agency Name			
Address			
City/State/ZIP			
Telephone			
Fax			1
	Psychology Program at the Unive clinical training record to the above	•	
Signature of Student		Date	
	Psychology Program at the Univegree record from the above named program.		
Signature of Student		Date	
Signature of DCT			

## Student Guidance Meeting Progress Report/Self Study (Revised December 2020)

Name:			Academic Advisor:  Year of Entry:			
607: Stats I						
608: Stats II						
609: Multivariate Sta	ats					
604: Research Meth	nods					
611: History & Syste	ems					
617: Developmenta	l					
624: Psychopatholo	gy					
654: Assessment						
751: Adult Treatmer	nts					
778: Child/Family Ti	reatments					
Clinical Elective						
513: Bio Bases of B	ehavior (Bio-c	distribution)				
639: Cognitive Proc	•	•				
680: Adv Social Psy	chology (Soc	-distribution)				
671: Intervention 1		•				
672: Intervention 2						
763: Intervention 3						
764: Intervention 4						
765: Intervention 5						
799: Advanced Prac	cticum (Taken	twice)				
605: Introduction to	•	•	14 cohort and b	eyond)		
2nd Year Project	Advisor	Reader	Proposal De	efense Date	Approval Date	
3rd Year Project	Advisor	Reader	Approval Da	<u>ate</u>		
3rd Year Clinical C	ase Presenta	ation <u>Da</u>	te Defended			
Dissertation Propo	sal Chair	C. member	C. member	O. Member	Date Approved	

**Change of status:** Any information relevant to a change in your status in the program (e.g., an outstanding achievement, removal of incompletes, a completed prelim, removal of or impending probationary status, leaves of absence, other?)

<b>Publications</b> (list <u>all publications</u> on your CV - oldest first - and highlight the articles or chapters added since your last progress report)
Published
Submitted
In preparation
<b>Presentations</b> (list all posters, papers, colloquia on your CV - oldest first- and highlight those added since last progress report)
Presented
Accepted
Submitted
Are you a member of a professional organization or society related to psychology?
Yes
No
Were you involved in teaching (e.g., serving as a TA or course instructor) since your last progress report?
Yes
No
<b>Other activities:</b> Please describe any professional activities or achievements that are not indicated above (e.g., additional research, teaching, training, consulting).
<b>Plans:</b> Please describe your academic and research plans for the next semester. Be sure to include any information that would help clarify your status in the program.
Clinical Hours:
Please list the hours that you have as a <u>target goal</u> by the time you apply to internship:
Direct Service-intervention <sup>a</sup> Direct Service-assessment <sup>a</sup>
Please list the hours that you have as a target goal for the academic year.
Direct Service-intervention <sup>a</sup>

Direct Service-assessment <sup>a</sup>
List the total number of approved clinical hours you have accumulated in (1) since you began the training program and (2) since your last progress report. List these hours in three categories: Direct Service, Supervision, and Support Activities.
Direct Service-intervention <sup>a</sup> Direct Service-assessment <sup>a</sup>
Total hours since the start of the training program:
Direct Service-intervention <sup>a</sup> Direct Service-assessment <sup>a</sup> SupervisionSupport Activities <sup>b</sup>
Total since the last progress report:
Direct Service-intervention <sup>a</sup> Direct Service-assessment <sup>a</sup> SupervisionSupport Activities <sup>b</sup>
Assessments since last progress report:
Total # completed assessments this semester:  Types of assessments (ADHD, LD, etc):  Total # assessments in progress:
<b>To the student:</b> If you have accumulated clinical hours in a core faculty member's laboratory that is not part of an advanced practicum and you intend these hours to be certified by the DCT for your APPIC application for internship, then please record the hours below, and have the faculty member sign to verify the hours. If you have accumulated hours working with more than one faculty member, prepare a separate section for each laboratory experience and have each supervising faculty member sign to verify the hours.
To the faculty member: This student has received the following clinical hours in my laboratory since the last progress report:
Direct Service-intervention <sup>a</sup> Direct Service-assessment <sup>a</sup> SupervisionSupport Activities <sup>b</sup>
Faculty Signature
Date

<sup>&</sup>lt;sup>a</sup>For direct service, count each hour of a group, family, or couples session as one hour.

For example, a two-hour group session with 12 adults is counted as two hours.

bExperiences involving gathering information about the client / patient, but not in the actual presence of the client / patient, should be considered "support activities." Examples of "support activities" include time spent on chart review, writing process notes, consulting with other professionals about cases, video/audio tape review, time spent planning interventions, assessment interpretation, report writing, etc. In addition, it includes hours spent at a practicum setting in didactic training (e.g. grand rounds, seminars).

Student Signature:	Date:
Advisor Signature:	Date:

#### **Evaluation of Student's Research Performance**

(Revised February 2023)

Date	<del></del>	· · · · · · · · · · · · · · · · · · ·			
Student Mentor					
meet	This form is to be completed each semester as part of the student progress report/student guidance meeting. If a milestone also occurred this semester and informed these ratings, please circle below:				
Seco	ond Year Prelim	Third Year Prelim	Dissertation Proposal	Dissertation	
Instru	uctions: Rate items	using to the following scal	e		
	2 Goo 3 Exc	eds work od (at the developmentally eptional opportunity to observe / no		rformance)	
RES	EARCH SKILLS				
1	Demonstrates the substantially independent ability to formulate research or other scholarly activities that are of sufficient quality and rigor to have the potential to contribute to the scientific, psychological, or professional knowledge base.				
2	Engages in research or other scholarly activities that are consistent with their developmental level.				
3	Demonstrates ability to critically evaluate research literature.				
4	4 Appropriately interprets the findings of their project and understands the strengths and limitations of their research project.				
5	Shows compet	ence in principles of meas	surement, design, and	d analysis of data.	
6	6 If applicable, disseminates research via professional publication and presentation at the local, regional, or national level.				
<u>ETH</u>	CAL AND PROFES	SSIONAL BEHAVIOR			
1	Demonstrates	knowledge of and adherer	nce to ethical standar	rds (i.e., APA Ethical	

Principles of Psychologists and Code of Conduct) and professional guidelines for

research.	
2 Demonstrates developmentally	-appropriate ability to work independently.
3 Demonstrates carefulness in w	ork (e.g., attention to detail).
	e values and attitudes of psychology (e.g., integrity, concern for the welfare of others, etc.).
PROFESSIONAL VALUES AND COMM	
<ol> <li>Demonstrates ability to present</li> <li>Produces and comprehends ora and professional.</li> </ol>	and defend research ideas in professional manner. II, nonverbal, and written communications that are informative
RESEARCH SUPERVISION	
1 Shows openness and responsi	veness to research feedback.
2 Incorporates feedback into rese	earch projects.
RESEARCH ADMINSTRATION (For Me	ntors Only)
1 Completes research tasks and	writing in timely manner.
2 Demonstrates quality and accu	racy of written communications.
Please comment on your perceptions of items rated as "1").	the student's major strengths and weaknesses (including any
Signature of Mentor	
Date	

To the student: If desired, please comment on your mentor or committee member's perceptions of your research strengths and weaknesses.
Student signature
Date

# 3<sup>rd</sup> Year Clinical Case Presentation Evaluation Form

Student Name:	udent Name:			Faculty:			
Conceptualization: F and describe the formula theoretical framework un theoretical frameworks.	ation used to und	lerstand the clie	ent and to	design the inte	rvention. Be sure	to discuss the	
thoorotioal manioworks.	1	2	- 1	3	4		
	Poor	2 Fair	j	Good	4 Excellent		
Assessment procedu	ures: From the I	handbook Th	ne assessi	ment should in	form case conceptu	ualizations and be	
used to track progress reassessment over time was suggested.							
30	1	2	- 1	3	4		
	Poor	2 Fair	j	Good	Excellent		
Process and outcom intervention and discuss working relationship with	factors relevant	to this course (	e.g., spec	ific gains made	and what led to th	em, ruptures in the	
	1	2	ı	3	4		
	Poor	2 Fair		Good	4 Excellent		
Ethical issues: From a confidentiality, conflict of				ssues that bear	upon working with	this client (e.g.,	
	1	2	ı	3	4		
	Poor	Fair	İ		Excellent		
Socio-cultural/socio- factors that bear upon w issues, stigma, religion, i	orking with this c	zlient (e.g., soci					
	1	2	1	3	4		
	Poor	Fair		Good	Excellent		
Use and Discussion	of Evidence-F	Based Practic	es: From	the handbook	Discuss and cit	e the empirical hasis	
for your case conceptual conceptualization?) and literature). In doing this, supported methods disco	lization (e.g., hov the evaluation/in compare and co	w does the scientervention proc ontrast the scien	ntific litera edures yo ntific basis	ture bear upon u used with the of your chose	your diagnosis an e client (e.g., the re n procedures with c	d case levant outcome other empirically	
	1	2	1	3	4		
	Poor	2 Fair	İ	3 Good	Excellent		
Fidelity: For the super	vising faculty on	ly To what ex	xtent does	the case as p	resented match wh	at actually happened?	
	1	2	ı	3	1		
	Poor	2 Fair		Good	Excellent		
		<del></del>					

# <u>3rd Year Clinical Case Presentation</u> Scoring and Evaluation Details

As described in the Clinical Student Handbook, clinical case presentations will be evaluated by faculty in attendance. Faculty will score each presentation using a four-point Likert scale (1 = poor; 2 = fair; 3 = good; 4 = excellent) on each of the six areas described in the handbook: (a) conceptualization, (b) assessment procedures, (c) process and outcome of intervention, (d) ethical issues, (e) socio-cultural/socio-political issues, and (f) use and discussion of evidence-based practices. Scores of 3 and 4 are considered passing scores for a given area, whereas scores of 1 and 2 are considered to be below threshold. Final scoring will be tabulated by students' mentors within two weeks of the presentation by averaging the scores of each faculty member within each area of evaluation. Aggregated scores of less than 3.0 in any area will constitute a failure and will require remediation efforts by the student, the exact nature of which will be decided at the next scheduled student guidance meeting.

# **Second -Year Project Presentation Feedback Form**

Pre	esenter:				Dat	e	
Ra	ter (circle one):	Facul	ty	Stud	ent		
	ase provide feedbac specific rating.	ck to the	e preser	nter on e	each of	the	following topics. You might also provide comments elaborating
1.	Sufficient backgrouresearch.	ınd info	rmation	was pre	esented	l in t	he introduction to establish the significance of the proposed
	Strongly Disagree	1	2	3	4	5	Strongly Agree
2.	The objectives (hyp	othese	s/quest	ions) of	the stu	dy w	vere clearly defined and explained?
	Strongly Disagree	1	2	3	4	5	Strongly Agree
3.	The methods and p	rocedu	ires wer	e prese	nted in	suffi	icient detail.
	Strongly Disagree	1	2	3	4	5	Strongly Agree
4.	The results were pr	esente	d in a lo	gical ar	nd clear	ly οι	utlined fashion?
	Strongly Disagree	1	2	3	4	5	Strongly Agree
5.	The conclusions we	ere clea	arly pres	ented, o	concise	, cog	gent, logical, and the data were appropriately interpreted?
	Strongly Disagree	1	2	3	4	5	Strongly Agree
6.	The visual aids wer	re appro	opriate,	german	e to the	e top	oic, understandable, and informative?
	Strongly Disagree	1	2	3	4	5	Strongly Agree
7.	The speaker was a	rticulate	e, enthu	siastic,	confide	ent, a	and sufficiently knowledgeable about the subject?
	Strongly Disagree	1	2	3	4	5	Strongly Agree
8.	Limitations of the re	esearch	and fut	ture dire	ctions	and	were described clearly.
	Strongly Disagree	1	2	3	4	5	Strongly Agree
9.	Questions were an subject?	swered	directly	, knowle	edgeab	ly ar	nd confidently suggesting a thorough understanding of the
	Strongly Disagree	1	2	3	4	5	Strongly Agree

In addition to the ratings (and comments elaborating any specific rating), please provide any additional feedback that the presenter might use to improve future presentations.

# **Evaluation of Practicum Student's Clinical Services Performance** (April 2023)

Date		<del></del>
Student		Supervisor
Semester		
Student's year	ar in pro	ogram
Instructions	: Rate	the 10 overall categories using to the following scale
	1 2 3 N/O	Needs work Good (at the developmentally expected level of performance) Exceptional No opportunity to observe / not applicable

Flag items√) that are a concern and add a comment within that section as appropriate.

#### RELATIONSHIP WITH CLIENT

- Establishes initial rapport.
- Forms and maintains the therapeutic alliance.
- Responds adequately to challenges to therapeutic progress (e.g., resistance, homework compliance, inconsistent attendance).
- Establishes appropriately balanced interactions (e.g., effectively handles silence, behaviorally and affectively matched to client).
- Maintains appropriate boundaries with client (e.g., scheduling, outside of session communications, handling gifts).
- Demonstrates effective interpersonal skills and the ability to manage difficult communication well.

Comments:

# **ASSESSMENT SKILLS**

- Writes sound integrated case conceptualization that interprets assessment results, following current research and professional standards and guidelines, while guarding against decision-making biases (i.e., distinguishing between aspects of assessment that are subjective from those that are objective).
- Attends to behavioral observations (overt and verbal behavior).
- Demonstrates the ability to apply knowledge of functional and dysfunctional behavior including context to the assessment and/or diagnostic process.
- Provides clear oral communication of feedback to the client and provides oral and written findings and implications of assessment in an accurate and effective manner sensitive to a range of audiences.
- Demonstrates current knowledge of diagnostic classification systems, functional and dysfunctional behaviors, including consideration of client strengths and

- psychopathology.
- Demonstrates understanding of human behavior within its context (e.g., family, social, societal and cultural).
- Selects and applies assessment methods that draw from the best available empirical literature and that reflect the science of measurement and psychometrics; collects relevant data using multiple sources and methods appropriate to the identified goals and questions of the assessment as well as relevant diversity characteristics of the service recipient.

#### Comments:

### **INTERVENTION SKILLS**

- Demonstrates understanding of the conceptual basis of the intervention.
- Demonstrates skillful execution of the intervention.
- Uses data to chart progress towards goals and evaluates intervention effectiveness.
- Modifies treatment plan as needed in response to client progress and data (i.e., adapts intervention goals and methods consistent with ongoing evaluation).

#### Comments:

## **EVIDENCE-BASED PRACTICES**

- Selects appropriate evidence-based assessment methods/instruments and intervention.
- Develops evidence-based intervention plans specific to the service delivery goals.
- Applies relevant research literature to clinical decision making and implements interventions informed by the current scientific literature. assessment findings, diversity characteristics, and contextual variables.
- Makes appropriate adaptations to existing evidence-based approaches effectively when a clear evidence-base is lacking.

#### Comments:

# 5. INTERDISCIPLINARY PRACTICES

- Demonstrates knowledge and respect for the roles and perspectives of other professions.
- Demonstrates knowledge of consultation models and practices.

#### Comments:

#### ETHICAL AND PROFESSIONAL BEHAVIOR

- Demonstrates knowledge of and adherence to ethical standards (i.e., APA Ethical Principles of Psychologists and Code of Conduct) and professional guidelines.
- Demonstrates motivation to learn; effort extended toward skill mastery.
- Demonstrates developmentally-appropriate ability to work independently.
- Demonstrates carefulness in work (e.g., attention to detail).
- Conducts self in an ethical manner in all professional activities (e.g., maintains) professional manner and ethical conduct with clients, peers, and supervisors).
- Recognizes ethical dilemmas as they arise, and applies ethical decision-making processes in order to resolve the dilemmas.
- Behaves in ways that reflect the values and attitudes of psychology (e.g., integrity, accountability, lifelong learning, concern for the welfare of others, etc.).
- Engages in self-reflection regarding one's personal and professional functioning.
- Engages in activities to maintain and improve performance, well-being, and professional effectiveness.
- Shows knowledge of and acts in accordance with relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels.

Comments:

### PROFESSIONAL VALUES AND INTERPERSONAL SKILLS

- Demonstrates ability to maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services.
- Engages in self-reflection regarding one's personal and professional functioning; engages in activities to maintain and improve performance, well-being, and professional effectiveness.
- Produces and comprehends oral, nonverbal, and written communications that are informative and well-integrated.

Comments:

#### **DIVERSITY**

- Demonstrates the ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews create conflict with their own.
- Demonstrates knowledge of current theoretical and empirical knowledge base as it relates to addressing diversity in all professional clinical activities and in particular application to case conceptualization/treatment planning.
- Seeks out additional research for new populations when needed.

 Recognizes how own personal/cultural history, attitudes, and biases may affect understanding of an interaction with people different from themselves.

#### Comments:

# **SUPERVISION**

- Comes prepared and takes responsibility in supervision.
- Shows openness and responsiveness to supervisory feedback.
- Incorporates supervisory feedback.
- Shows willingness to be observed and evaluated.
- Gives useful and constructive feedback to others.
- Demonstrates knowledge of supervision models and practices (if a focus of the practicum).

#### Comments:

# CASE ADMINSTRATION

- Completes paperwork in timely manner (e.g., progress notes, reports, closing summaries).
- Demonstrates quality and accuracy of written communications.
- Maintains a sustained caseload.
- Keeps client information and materials confidential and secure.
- Collects fees in a timely manner.

#### Comments:

To the supervisor: Please comment on your perceptions of the practicum student's major strengths and weaknesses (including any categories rated as "1").

This student has received the following practicum hours under my supervision at this point in time:
Direct Service-intervention <sup>a</sup> Direct Service-assessment <sup>a</sup> SupervisionSupport Activities <sup>b</sup> Peer Supervision
<sup>a</sup> For direct service, count each hour of a group, family, or couples session as one hour. For example a two-hour group session with 12 adults is counted as two hours. <sup>b</sup> Experiences involving gathering information about the client / patient, but not in the actual presence of the client / patient, should be considered "support activities." Examples of "support activities" include time spent on chart review, writing process notes, consulting with other professionals about cases, video/audio tape review, time spent planning interventions, assessment interpretation, report writing, etc. In addition, it includes hours spent at a practicum setting in didactic training (e.g. grand rounds, seminars).
Grade Earned (if applicable)
Supervisor Signature
Date

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To the practicum student: If designstrengths and weaknesses.	red, please commer	nt on your supervisor	's perceptions of your
Supervisee signature			
Date			

Placement Name	Supervisor:	Semester/year:	Clinical Ph.D. student?	Y/ N

# **Practicum Evaluation Form** End-Of-Semester Evaluation (updated 4/12/23)

Instructions: Please complete the following for each practicum that you were involved in (separate form for each practicum). Recognizing that Likert-type scales rarely capture the full range of anyone's experience, there also is a space at the end of these items for you to provide detail. Accordingly, please do use this space to elaborate on any or all of the below about which you think more could be said to clarify, illuminate, or instruct.

#### PART I:

Poor Fair Good Excellent	N/A
Please rate the following:	14/7 4
Pedagogy	
1. Didactic seminars 1 2 3 4	N/A
2. Teaching of relevant techniques 1 2 3 4	N/A
(conceptualization, assessment, therapy techniques, etc)	, .
3. Readings 1 2 3 4	N/A
4. Overall quality of the course/practicum 1 2 3 4	N/A
<u>Diversity/Identity</u>	
1. Discussion of identity & individual 1 2 3 4	N/A
difference issues in supervision	
2. Supervisor asks about marginalized identities 1 2 3 4	N/A
and dimensions of diversity (e.g., ethnicity, race,	,, .
religion, SES, sexual orientation) when discussing	
case conceptualization/reviewing tapes/reports	
3. When relevant, supervisor asks directly 1 2 3 4	N/A
about the impact of racism, racial stress/trauma	
Supervisor	
5. Feedback on reports, other	
clinical documentation (timeliness) 1 2 3 4	N/A
6. Feedback on reports, other	
clinical documentation (quality) 1 2 3 4	N/A
7. Non-specifics (support, openness) 1 2 3 4	N/A
8. Monitoring progress toward	
your clinical goals 1 2 3 4	N/A
9. Communication (expectations, directions, etc.) 1 2 3 4	N/A
10. Identified and communicated strengths,	
areas for improvement 1 2 3 4	N/A
Practicum Site	
11. Would you recommend this practicum	
to another student? (for external practica only) 1 2 3 4	N/A
12. Would you recommend this supervisor	
to another student? 1 2 3 4	N/A
13. How would you rate the quantity of	
clinical hours at this site? 1 2 3 4	N/A
14. How would you rate the quality of	
clinical hours at this site? 1 2 3 4	N/A
15. To what extent was what you learned	
and hours gained a good time investment? 1 2 3 4	N/A
16. How would you rate the sociocultural	
diversity of this clinical population? 1 2 3 4	N/A
17. Overall quality of the experience 1 2 3 4	N/A

# Please use the space below to comment on any of the above aspects of the course:

PART II
1. What about supervision was the MOST helpful to you in your clinical development?
2. What about supervision was the LEAST helpful to you in your clinical development?
3. What are some of your supervisor's strengths?
4. What are some ways in which your supervisor might improve?
5. What suggestions do you have for modifying this practicum experience to facilitate clinical training of
students?
6. What other topics/issues would you like to see covered in this experience? What other experiences?
7. Diagram agreement is also used a green and different agree of the agreement that you would be a first
7. Please comment below on any additional aspects of the course that you would like to: